

# Health History Form

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone (mobile) \_\_\_\_\_ Email \_\_\_\_\_

Date of birth \_\_\_\_\_ Occupation \_\_\_\_\_

Physician (optional) \_\_\_\_\_

Why do you want therapy? \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Please mark all conditions that apply now or in the past:

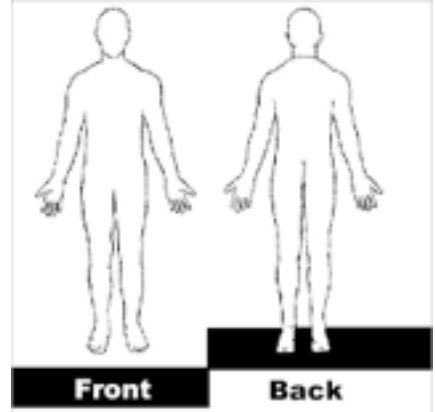
- |                                                   |                                                     |                                             |
|---------------------------------------------------|-----------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Headaches/migraine       | <input type="checkbox"/> Sinus problems             | <input type="checkbox"/> Numbness/tingling  |
| <input type="checkbox"/> Chronic pain             | <input type="checkbox"/> TMJ or jaw pain            | <input type="checkbox"/> Diabetes           |
| <input type="checkbox"/> Fatigue                  | <input type="checkbox"/> High/low blood pressure    | <input type="checkbox"/> Depression/anxiety |
| <input type="checkbox"/> Muscle/joint pain/injury | <input type="checkbox"/> Incontinence/leaking urine | <input type="checkbox"/> Tailbone injury    |
| <input type="checkbox"/> Tension, stress          | <input type="checkbox"/> Cancer or tumors           | <input type="checkbox"/> Varicose veins     |
| <input type="checkbox"/> Allergies                | <input type="checkbox"/> Blood clots                | <input type="checkbox"/> Endometriosis      |

Please list additional comments or any other medical conditions not listed above:

Surgeries:

Accidents:

Pregnancies/deliveries:



Shade/mark areas of pain/discomfort above.

Do you exercise regularly? Y/N If so, describe:

I attest the above information I have completed is true to the best of my knowledge, and I release Cindy Hodgson, Essential Therapies and any associates of any liability for any injury or complications as a result of falsified or incomplete information. I understand that the information given above is confidential under state law. Certain health conditions may require clearance by a physician, in this occurrence I give Cindy Hodgson and associates permission to contact my physician and/or refuse treatment until clearance is given from a physician. I understand that I or Cindy Hodgson and associates have the right to stop a treatment at any time. By signing below I give permission to have professional physical therapy and/or massage therapy administered to me. The policies and procedures of Essential Therapies are in compliance with the HIPAA Privacy Rules. A copy of the HIPAA procedures are available upon request.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_